



NEWSLETTER

DECEMBER 2023



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From the Chairman



Hextable is a vibrant community, where there is much going on. In this latest edition of our newsletter, you will learn about all some of the work that the council have been working on, as well as the work of many other community groups and organisations that operate in the village.

There has been a lot going on in the village and the Parish Council have been busy during the year. Since the new council term started back in May, we have been working hard to improve the village.

I hope that you like our new village sign, which was installed earlier in the year, providing a focal point on the village green. Alongside the renovation to the bus stops, and some of the street furniture, this completes all the work we have done to improve the centre of the village over the past few years.

I am pleased that the council has achieved one of our other long-term objectives for 2023, by finally securing the ground opposite the village green in the former Furness School Grounds. Our groundsmen have worked hard to get the site cleared and create the Hextable Memorial Garden, which provides an additional area of open amenity space right in the centre of the village. It has also given a fitting new home for our silhouette soldiers.

We always get good feedback from the Parish newsletter that we produce, but we are also very conscious that producing printed copies for every household is not as sustainable as providing electronic newsletters. We do recognize though, that many people still prefer a paper copy, and so in the new year, we are looking at making some changes to reduce the volumes of paper copies that we produce.

In the new year, we will publish the newsletter electronically and making it available online, but will also be seeking partners within the village to help us to make paper copies available for those residents who still prefer to read printed copies.

I am really pleased that we have managed to secure a regular hearing aid clinic, provided by Hi Kent. This is a charity organisation that provides people who have hearing aids, a regular clinic

where they can go for repair or maintenance. Hextable residents can now have access to this service regularly in the village.

Finally, I would like to wish all our residents a very merry Christmas and happy new year.



Front cover image of Hextable Village Green courtesy of Rev Johnny Douglas

Talk to Darren
Tel: 01322 615847 or 07496 818558
chairman@hextableparishcouncil.com

Growing Good

St Peter's Hextable and St Paul's Swanley Village "Growing Good" has been fundraising for local charities. A big thank you to those who supported the 2023 plant sales which raised £1349.10 for Beams in Hextable and CRIBS across NW Kent.



Club K Health & Fitness: Where Community and Excellence Meet

We are proud to announce that Club-K Health & Fitness has been awarded the prestigious title of "Sports Massage Therapy Centre of the Year" for the second consecutive year. Moreover, our founder, Luke Katt, was among the final 12 contenders for "Sports Therapist of the Year" in the esteemed British Fitness Awards. These accolades highlight our unwavering dedication to providing exceptional services and support to our community.



Founded in 2014, Club-K Health & Fitness stands out as a community-based fitness centre where inclusivity and support reign supreme. Our personalized approach to sports massage therapy sets us apart. Through innovative techniques such as 3D modelling apps, we collaborate with our clients to design individualized massage therapy packages. Modalities like hot stone massage and cupping are tailored to cater to various pain levels, ensuring a comfortable and effective rehabilitation process.

At Club-K Health & Fitness, we believe in continuous learning and growth. Luke Katt recently earned a Cardiac rehab qualification, expanding our ability to assist even more individuals. Looking ahead, we aim to enhance our services by introducing new classes and involving additional skilled instructors. Our back care Pilates classes, designed as a continuation of our sports massage and personal training, have already garnered significant praise.

Our journey doesn't stop here. We are on a mission to empower our community with knowledge, support, and a holistic approach to health and fitness. Join us at Club-K Health & Fitness, where our passion for excellence meets the warmth of community.

Luke Katt

Owner | GP Referral Specialist | Sports Massage Therapist | Pilates Therapist
| Personal Trainer

Swanley Medical Centre

The Oaks Partnership in Swanley is merging with The Cedars Surgery in November 2023. The new name for this combined practice will be the Swanley Medical Centre – bringing the three practices at The Oaks, The Cedars and Hextable together as one organisation. All registered patients will be able to access all of the Swanley Medical Centre sites, but it will mean that those who live closer to Hextable can request an appointment at that site.



The Cedars Surgery has been responsible for The Oaks practice since 1st April 2023,

but now will be formally merging. The reason for the merger is so we can share systems and processes across our sites to make services more efficient for patients. Instead of running 2 computer systems, which makes the booking of things like Covid/Flu vaccinations more difficult, a single system will now be used which will improve the patient experience. Patients will see no change to their services other than SMC being able to deal with queries more quickly.

After the merge, online service access for the transferred patients will not be immediately available and may take until the end of the month to setup. Your practice will text you when the apps are ready to be reused. Please give your new practice until 30th November to instruct you on how to access your app.

Bottle Bank

The bottle bank recycling centre in Hextable is a well-used facility, and there are occasions where the bins reach capacity. Sevenoaks District Council provide these bins, and are responsible for emptying them. If they do become overfilled, we always seek to get these emptied earlier, but the teams are busy across the district.

Although the bins are coloured, please be reminded, that there is now no longer a need to separate the coloured bottles, so any of the bins can be used for all colours of glass. If the bins are full, please do not leave bags of bottles outside as this does cause a hazard, and particularly the risk of broken glass in the car park. If they are full, we would encourage you to use the alternative bottle banks in Swanley, that can be found in Bevan Place Car Park, and Asda Car Park (off London Road)





Cllr Hudson and I are your independent ward councillors, who represent Hextable at Sevenoaks District Council. We are involved with several committees that are made up of representatives from across the political spectrum, and our job is to put the case to influence decisions to be made in the interests of Hextable residents.

We are always happy to receive queries from residents who seek specific assistance, and since we were re-elected in May, we have been busy working with officers to deal with a number of queries, particularly with planning decisions.

	Committee	Purpose
Cllr Chrissy Hudson	Health & Housing	Monitoring Review & monitor the function responsible for housing strategy, standards & needs, health, energy, fuel poverty and wellbeing
	People & Places Advisory	Monitoring the function of the council involved in, communities, wellbeing, tourism, town centres, safeguarding etc
	Development Management	Deciding on planning applications to ensure they are suitable, sustainable and meet all the relevant planning policies of SDC
Cllr Darren Kitchener	Finance & Investment Advisory	Monitoring and governance of how the district council budgets, spends, and invests your council tax and manages risk & prevents fraud
	Cleaner & Greener Advisory	Review & monitor the function of Direct Services (inc refuse, parking, street cleaning etc)
	Community Infrastructure Levy Board	Reviewing submissions to award funding towards projects in the district

Family Fun Day

Sevenoaks District Council held its annual fun day in Hextable on 1st August and was well attended and much enjoyed by the children. The Vice Chairman of the District came to join us, and the Scouts kindly provided refreshments.



Silver Sunday:

October saw the arrival of Silver Sunday events in the Sevenoaks District. More than 40 events were organised across the district for our seniors and a wide range of choices offered, among them Health walks, Coffee mornings, sports activities, and Tea Dances. Locally there was an Information morning in Swanley and a Tea Dance at the Alexandra Suite.

All over 55's were invited to apply for a Free One Day Pass at the White Oak Leisure Centre on several dates – the last of these is Sunday 3rd December – if you are interested please apply by emailing communities@sevenoaks.gov.uk

Silver Bells Christmas Party – open to all seniors in the district – 18th December from 12noon to 3pm at the Bat & Ball Centre, Cramptons Road, Sevenoaks.

Book by emailing communities@sevenoaks.gov.uk or call on 01372 227000.

2023 Remembrance Day

On Sunday 12th November, the annual Memorial service was held in the Five Wents Memorial Hall. The service started with a two-minute silence at 11:00hrs and then local groups, led by the Chairman of Hextable Parish Council, laid wreaths at the foot of the Roll of Honour board in the hall.

This year, the wreaths were moved after the service to be displayed during November at the Memorial Garden in the centre of the village.

In the afternoon, the Chairman joined other dignitaries, and community groups at Swanley in the Remembrance Parade through the Town Centre to lay wreaths at the War Memorial. After the wreaths were laid, a church service was held in St Mary's Church.



Councillors Surgeries

Kent County Council
Cllr Perry Cole

Sevenoaks
Cllr Darren Klitchner
Cllr Chrissy Hudson

Meet your District and Kent County Councillors

THIS SATURDAY
at Next Door Hextable (10:30 – 12:00)

We will be happy to talk to residents with any issues or concerns you have in Hextable

Who does what?

SEVENOAKS Collection of Council Tax Electoral Services Members Conduct Planning Licensing & Enforcement Street Cleaning Waste Collection Service Litter	Kent County Council Social Services Education & Libraries Highway & Footpaths Roadworks Trading Standards School Transport Street Lighting Waste Processing	HPC Green Spaces Village Hall Hextable Park Litter Picking Play Equipment Allotments Bus Stops Tree Care & Landscaping
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During 2023, members representing Kent, Sevenoaks and Hextable councillors have been on hand to meet members of the public at surgeries held at Next Door Hextable. These surgeries provide the opportunity for residents to come along, without an appointment, to speak to us with any questions, or seek any help or advice about local government services. These sessions have been successful, with residents coming to speak to us on a number of things, that help us prioritise some of the work of the council.

Thank you to all of you who have taken up this opportunity to come and speak to us. The next surgery is planned for Saturday 13th January, 10:30 – 12:00hrs at Next Door Hextable. Please look out for the flyers on facebook, on the notice board or as advertised on the counter at the Community Café.

Seniors Film Afternoons

With the assistance of a Richard Abel from the local scouts providing and managing the projection equipment for us, we have showed two films to approx 40 people who enjoyed tea and cake refreshments in the Village Hall.

On 5th September, we showed 'Mrs Harris Goes to Paris' and our second film, 'Australia' starring Hugh Jackman and Nicole Kidman was the film shown on Tuesday 21st November.

These events are all free for our seniors to attend including the refreshments.

We plan to hold these Film afternoons from time to time during the winter months, so if you have any suggestions on future film titles, do please contact Chrissy Hudson via HPC.

Hearing Aid Surgery



NHS HEARING AID MAINTENANCE CLINICS

Hi Kent, the charitable organisation that provides support for hearing aid users, has set up a series of clinics to take place every second Monday between 10am and 11am, at Hextable Parish Council office. This is a drop in clinic and there is no appointment necessary.

Hi Kent run aftercare clinics for NHS hearing aids in towns, villages and communities throughout Kent.

Our superb team of Volunteers will provide you with batteries, retubing to ear moulds, new domes and tubing (in some clinics), as well as general help and advice on how to care for your hearing aids.

Hextable Heritage Centre
Hextable Parish Council, College Road
Hextable
BR8 7LT

Frequency: Once a month - every 2nd Monday
Open: 10am - 11am

Notes: No appointment needed. Drop in and wait your turn. Car parking for Heritage Centre can be found off Crawfords, BR8 7LT

Dear Resident,

I hope that you have all managed to enjoy your time since I was last able to write to you. From a weather perspective, it has been an incredibly wet summer and autumn, culminating (at the time of writing) in Storm Ciaran. Prolonged periods of wet weather can bring challenges to our rural economy as well as dampening the spirits of those who have looked forward all year to their annual holiday. Thankfully, irrespective of the large amount of rainfall experienced, with the exception of a few areas of localised standing surface water, we did not witness the return of the flooding experienced back in July and Oct '21.

Measures that I have been able to get implemented for Hextable have ensured that in the main, the drainage system has coped well. There is still work to be done and options for mitigation are being discussed. The volatility of

the weather means that we can never eradicate surface water problems completely, but we can do our best to investigate wherever problems occur and seek remedies.

I have asked for investigative work to be undertaken at the pond adjacent to the Avenue of Limes. Residents who pass by regularly will have noticed that the pond steadfastly remains little more than a puddle, even after Storm Ciaran.



After what seemed an inordinate amount of time, the works to rebuild the wall on Main Road finally completed some weeks ago. The project has been beset with problems from the very outset, complicated by the need to use specialist contractors due to the design and engineering required to ensure that the replacement wall is more than up to the task. I apologise that this took far longer than I would expect to complete.

County Councillor



Earlier this year I mentioned that KCC were to go out to public consultation in relation to proposed changes to Kent's Household Waste Recycling Centres



(HWRC) - or as most people call them - household tips. The proposals included the projected closure of either the Pedham Place (Swanley) HWRC or that at Dartford Heath. After

further consideration, the proposals have, for the moment, been put on hold. Therefore, no public consultation will be conducted.

For those of a delicate constitution, you may wish to stop eating before you read the next article - be cause I'm going to mention - Dog waste.

For some time now, dog waste can be deposited in any public waste bin and not just those dedicated dog waste bins dotted across our village. Please, if you need to dispose of your dogs waste and the nearest dedicated bin is full, drop it into the next bin or take it home. If a particular bin is full please resist the urge to add to the overflow and report any such bin to your local council or councillors.



Working with your local District and Parish Councillors, Darren Kitchener and Chrissie Hudson, we have set-up regular Councillor pop-in sessions at Next Door at Hextable for the benefit of all residents. For the first time, Councillors covering all three-tiers of local government - at Parish, District and County level - will meet residents to discuss any problems or concerns they might have irrespective of the nature of the conversation. Our next meeting is scheduled to take place between 10:30 - 12 Noon on Saturday 13th January 2024.

My next newsletter article will appear in the New Year, so in the meantime I wish each and everyone of you a very Merry Christmas and a happy, healthy and prosperous New Year.

Kindest regards,

Perry

Hextable Heritage Society

Do you have an interest in local history? Would you like to know more about some of our unique past? Do you have any memories of our village? Have you ever wondered about what Hextable was like in years gone by? If the answer to any of these questions is yes, then you might well be interested in coming along to our friendly group of like-minded people.

Hextable Heritage Society

Hextable has a unique and rich history, centred around the horticultural trade, and in particular the Horticultural College, in College Road. The society meets in the Heritage Centre, where members and visitors attend regular talks from local historians on a wide range of subjects.

The Society was formed in 2000 by a small group of enthusiasts who were keen to discover more about their village. Our members would love to welcome new people to come and learn about our area of Hextable and the surrounding local parishes.

The aims and objectives of the Society are the protection, preservation and furtherance of knowledge of the local history and heritage of Hextable and

its surroundings. We participate in local and national events such as English Heritage's annual 'Open Days', have a year round programme of talks and visits, and maintain an archive of artefacts, documents and photographs from the village's past which can be viewed on open days, or by prior arrangement with a committee member.

Members meetings take place at 19:30 on the second Thursday of the month, at the Heritage Centre, Crawfords, off Dawson Drive.







THE HOWARD VENUE

Did you know that The Howard Venue, which has been called "A hidden Gem" by visitors, is located in Egerton Avenue, Hextable. If you have not been along to The Howard Venue, then please drop in and we'll show you round.



The building is professional purpose-built performance studios, built by KCC with £3M+ National Lottery Arts Council funding in 2003. It was run by professional dance companies but closed in 2016.

A group of local Hextable residents reopened the studios on the 1st of June 2016. This consortium of residents had a vision to have a 'Community Centre' for the benefit and use

of residents and neighbouring communities. The Howard Venue was created as a not-for-profit organisation with a board of Trustees.

The Howard Venue is a fantastic community building with much to offer the residents of Hextable and the surrounding areas. The Venue has 4 professional studio spaces, a conference room, and a recording studio plus smaller rooms. We offer a wide variety of activities for all ages and abilities, from baby and toddler classes, through to our more senior members. We have something to suit everyone.

Here are just a few of the activities on offer, Pilates, Yoga, Tai Chi, 2 choirs, music lessons inc. drums, guitar and keyboard, games afternoons, art class, Irish dancing, adult and children's dance, ballet and tap lessons, toddler football, gymnastics, Zumba, line dancing, seated movement and strength and mobility classes, Aerial and trapeze classes for

both adults and children. We are also home to Hextable Wind Band. Since 2018 we have been able to host Swanley Light Opera Groups performances of Rent, Rock of Ages and The Full Monty. Our resident ballet company is New Creations Collective who performed Secret Garden and Nightingale.

We have been delighted to welcome many of you to the venue already, as we have 4 well used NHS clinics based here for Eye Screening and Physiotherapy etc.

Please pop into The Howard



Venue for a cup of tea or coffee and have a look around, we are more than happy to show you the facilities and what's on offer. We have plenty of free parking and the venue is accessible.

The friendly reception team and

I would love to see you and have a chat.



For more information please look at our website www.thehowardvenue.co.uk or call us on 01322 618618.

Don't be a Victim of Crime

Distraction burglars pretend to be someone they are not in order to gain entry to your home. Common methods used by distraction burglars include:

- pretending to be from a care agency, the council or a utility company investigating a gas or water leak
- seeking help to leave a note for a neighbour or even asking for a drink of water if they claim to be thirsty or unwell
- claiming to be in a hurry or emergency and needing to get into your home quickly
- working in teams, with one person distracting you while the other searches your home

How to prevent it

There are a number of things you can do to prevent distraction burglary. Always remember "if in doubt, keep them out":

- use your door viewer to see who's there
- if you open the door put the chain on first
- always ask for ID and check it with the company before letting somebody into your home
- use the phone number advertised in the phone book or online, as the number on their identity card could be fake. For a utility company, call the customer service department. Close the door while you do this
- remember that genuine callers won't mind checks. If you feel at all unsure, schedule a time for the caller to come back when a friend or relative is there
- for pre-planned appointments with utility companies, a password scheme can be set up

If you feel threatened or in danger by the presence of the caller, call 999.

Community Policing in Hextable



Kent
Police

Hextable has a low crime rate, but we have seen some instances of anti-social behaviour in and around the village, often involving quad bikes and the congregation of people late at night – particularly in the car park at the heritage gardens. Kent Police have been carrying out additional foot and vehicular patrols around the village, including at Hextable Park.



Following Kent Police restructuring from June 2023, to provide beat officers for each area, we welcomed our new Police Constable in Hextable, PC Beck. There is a plan to increase from 50% of all officers on the beat to 100% in 2024. PC Beck attends parish council meetings, and community events amongst other things in her area which also includes Swanley. She is dealing with Anti-Social Behaviour and is aware of issues within Hextable Gardens.

The Parish Council have installed CCTV in the Heritage Gardens car park, and the images can be provided to assist the police as part of the enhanced surveillance in this area.

Your Community Safety Unit is a group of local police officers, police community support officers (PCSOs) with a sergeant and inspector dedicated to serving your community. The team is made up of officers based in your area, supported by additional officers from the wider force.

We work closely with local authorities, local organisations and community leaders to find useful, long-term solutions to local problems, while maintaining our wider focus on reducing crime across Kent.

We have recently introduced a messaging service called My Community Voice. The service helps residents, businesses, and community groups to keep in touch with their local policing teams. The service sends updates about your local area directly from the police officers themselves.



**Find out more about My Community Voice and register at
Hextable | Your area | Kent Police | Kent Police**

Around the Village

During the summer, the Parish Council has been carrying out some work to tidy up the bus stops in the village, and the BT communication cabinets that were looking rather tired. Hextable Parish Council are responsible for the maintenance of all three bus stops in the village, two at Hextable Crossways, and the one at Highfield Cottages on the route to Dartford.

The investment in the bus stops has included the deep cleaning and the installation of screening to keep the rain off but maintain visibility whilst waiting for the bus. After some research, the BT cabinets in the centre of the village have been cleaned, prepared and then painted in their original standard colour. We hope you agree they look much tidier after a fresh coat of paint!



Another project that the Parish Council has been working on this year is the creation of the Memorial Garden, in the land opposite the Village Green. Our Groundsmen have been working hard to clear this site and make it accessible for residents to enjoy.



Earlier in the year, we took delivery of a brand-new village sign. It has long been an ambition of the council to install a more traditionally designed village sign, that depicts some of our unique history. Recognising some of the main history of Hextable with its horticultural background and including the avenue of limes and the listed gates of the former manor house, we think this is a fitting tribute to our village. This colourful new sign has been designed to last – unlike the old wooden sign that had to be taken down and repainted frequently.

Thanks to Cllrs Christine Proudlove, Wayne Stoneham and the Open Spaces Committee for overseeing this work.



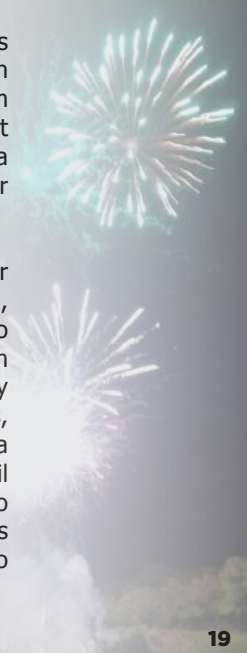
2023 Fireworks

On Friday 3rd November, the Parish Council held our annual free family fireworks in Hextable Park. Once again in response to popular demand, they were set to music once more and this year the theme was Superheroes! This event became well established in the calendar was once again enjoyed by literally hundreds of residents and visitors. It was estimated that around 3,000 people came along and enjoyed the spectacular display. With over half the population of Hextable attending this year, this was once again probably the most attended display yet!

Many local authorities have scaled back fireworks events recently, but

our display remains as popular as ever. In fact, we receive so much positive feedback, particularly from families with younger children, that we are glad to be able to provide a safe, organised display that all our residents to enjoy.

Although this is a free event for residents, the voluntary collection, that supports local charities who work to directly help people in Hextable. Thanks to our very generous residents and visitors, the collection this year raised a record £1300. The Parish Council will quickly review applications to distribute the donations and pass this on to these charities that do fantastic work in our community.





Blue Plaque – Hextable House

On 1st April, the Parish Council was pleased to work with Hextable Heritage Society to arrange for the installation of our second Blue Plaque in Hextable.

After the successful installation of the first, at the chemist in Hextable back in 2020, the latest was installed to mark the location of the original Hextable House, which later became the Swanley Horticultural College.

For the latest unveiling, Graham Mitchell led the proceedings, as the occasion was particularly special as the plaque not only marked the location of this significant historic building in Hextable, but also it paid tribute to his late wife, Sharon Mitchell, who was the Chairman of Hextable Heritage Society.

At the unveiling, it was a pleasure to welcome both the then leader and Chairman of Sevenoaks District Council amongst other friends, family and various history society members that knew Sharon and have supported the Heritage Society over the years.

Sharon was chairman of Hextable Heritage Society for a number of years, taking over the reins from Audrey Rainer, after her many years of service to the Society and indeed the community. Sharon was passionate about the Village and its history, carrying out a great deal

of research both for her own interest but also for the many outside researchers that she met to show them our archives.

Graham added "I feel that dedicating this plaque to commemorate the site of Hextable House to Sharon is a fitting tribute to her and one that she would have been immensely proud of"

So why did we erect a Blue Plaque there?

From documents dating from the late 15th century, Roger Rothel is the first named owner of the Manor of Hextable, although there may well have been a house on the site as early as the 13th century.



In 1526 Hextable House was sold to George Killingworth. At this stage, the building was most probably a timber-framed construction with plaster infill panels, as was typical of Tudor architecture.

Later in the 16th century the timber house was replaced with a brick mansion. It was around this time that The Avenue of Limes was also planted, forming an impressive approach to the mansion.

In 1733 the property passed to Charles Egerton, who made his fortune as a haberdasher in Fleet Street. He was responsible for extending the manor house and building an adjacent farmhouse in 1756.

The arrival of the railway at Swanley Junction in 1864 provided ready access to London. Acres of land around Swanley and Hextable were soon covered with greenhouses, growing more specialised crops for the lucrative markets in the capital.

The last incarnation of Hextable House began in 1889 when it was sold to Arthur Harper Bond. He had always had an interest in agriculture and, under him, it became the headquarters for The Horticultural College and Produce Company, and as such was probably the first horticultural college in the world. It soon became the venue for another world first when it accepted its first female applicants in 1891, the first step to becoming an all-female establishment in 1902.

Swanley Horticultural College, as it had become known, went on to produce a number of amazing women horticulturalists including: the world's first female professional landscape

architect, the world's first female landscape gardener and a National President of the Royal Horticultural Society. Possibly the first female to hold that post.

On the night of 1st March 1944, four bombs were dropped in the college grounds, causing considerable damage to the House, which was being used as offices and dormitory accommodation. As a result, one student was killed and another badly injured.

The ruins of Hextable House were demolished in 1946, and the grounds were then transferred to Kent County Council, later Hextable Parish Council. The only remaining college building still standing is the 1926 Botany Laboratory, now doubling as the Heritage Centre and the Parish Council Office.



Left to Right: Graham Mitchell, Darren Kitchener (HPC Chair), Avril Hunter (SDC Chair), Katie Mitchell

For Fun!

*Anagrams - Flowers
can you work them out!*

WRITE ANSWERS HERE:

1. Frown less
2. If sad fold
3. Red navel
4. Saint Peu
5. Nairn Coast
6. Glam roids
7. Hansh city
8. Gala simon
9. Hatch summer syn
10. Sally Mair
11. Oi patients
12. Daring Sea
13. Sue Margin
14. Gail Olid
15. HD de ron do ron

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ANSWERS ON PAGE 25

have a cuppa with the vicar

whether faith is part of your story or not, you're most
welcome... everyone needs a good listening too!

vicarjohnny@gmail.com



What are you facing and
feeling?

Let us pray for you whether
you're a person of faith or not...

Email vicarjohnny@stph.org.uk

HAPPY CLUB

The Happy Club is a social club for older people throughout Hextable and the neighbouring areas. It is a friendly get together between 2pm and 4pm every Wednesday afternoon in Hextable. So, whether you're interested in finding new friends, winning our weekly game of bingo and joining in our fun quizzes please come and join us. Tea and biscuits, and sometimes cake, are provided.

Please contact Ian on 020 8851 8600 for more information

KEEP UP TO DATE WITH WHAT WE'RE DOING!

As well as welcoming residents to our Parish Council meetings, did you know that we also have a website, and a Facebook page? We update it to include news and information that we think may be important to you, so check it regularly to see what's happening!

www.hextableparishcouncil.com

HANDY CONTACT DETAILS

Hextable Parish Council:

Website www.hextableparishcouncil.com
Email info@hextableparishcouncil.com
Phone 07999 127485 (office hours only)
01322 668530

Sevenoaks District Council:

Website www.sevenoaks.gov.uk
Email information@sevenoaks.gov.uk
Phone 01732 227000

Report fly-tipping:

www.sevenoaks.gov.uk/info/20000/rubbish_and_recycling/205/report_fly_tipping

Kent County Council:

Website www.kent.gov.uk
Phone 03000 414141

Report a pothole:

www.kent.gov.uk/roads-and-travel/report-a-problem

Kent Police:

Emergency 999
Non-emergency 101

Report a crime online www.kent.police.uk – click on 'Report'

Report a gas leak or carbon monoxide emergency:

Phone 0800 111 999

Report a power cut:

Website www.ukpowernetworks.co.uk/power-cut
Phone 0800 31 63 105

Report a water leak:

Website www.thameswater.co.uk/help/emergencies

Report animal cruelty:

Website www.rspca.org.uk/utilities/contactus/reportcruelty
Phone 0300 1234 999

Newsletter Space Available

If you would like to contribute an article to the Parish Newsletter, please submit it to Tracy, the Parish Clerk (info@hextableparishcouncil.com) prior to the next Communications Committee meeting for approval. (Please see the Parish noticeboard for dates.) This newsletter is for the benefit of the entire community, and we would love organisations and individuals from within the community to be involved.



This newsletter has been delivered to you by one of your councillors, a member of Council staff, or one of a very small band of volunteers. If you would like to help deliver

newsletters in the future, please contact the Parish Clerk. All help is gratefully received!

- 1. Sunflowers
- 2. Daffodils
- 3. Lavender
- 4. Petunias
- 5. Carnations
- 6. Marigolds
- 7. Hyacinths
- 8. Magnolias
- 9. Chrysanthemums
- 10. Amaryllis
- 11. Poinsettia
- 12. Gardenias
- 13. Geraniums
- 14. Gladioli
- 15. Rhododendron

- 1. Frown less
- 2. If sad fold
- 3. Red navel
- 4. Saint Feu
- 5. Nairn Coast
- 6. Glam folds
- 7. Hansh city
- 8. Gala simon
- 9. Hatch summer syn
- 10. Sally Mair
- 11. Ol patients
- 12. Daring Sea
- 13. Sue Margin
- 14. Gail Olliv
- 15. HD de ron do ron



Hextable Osteopath

*Continuing a twenty-year tradition
of patient-centred osteopathic care*

07579 003365

Specialist treatment

Back pain and sciatica

Neck & shoulder pain

Elbow, hip & knee pain

Headache & migraine

Sports injuries

Arthritic pain

Fibromyalgia

Neuralgia

General tension

Post-surgery rehab

What others have said

*Friendly, professional and
very thorough – Maxine*

*..a highly skilled and
empathetic practitioner
– Viv Pipe*

*I felt I was in reassuringly
safe hands immediately
– Alison*

*I would have no
hesitation in
recommending
him
– Michelle N*



Could osteopathy help you
or someone you know?
Call with any questions
and without obligation.

Jason Cook BSc(Hons) Ost

St Peter's Church, College Road, Hextable BR8 7RH

07579 003365 hextableosteopath.co.uk



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ROWHILL FRIENDS

We are a very friendly group who meet at Five Wents Hall on the 3rd Thursday of the month at 7.30pm. We occasionally have a speaker and have activities to involve everyone. We also go on outings and have theatre trips.

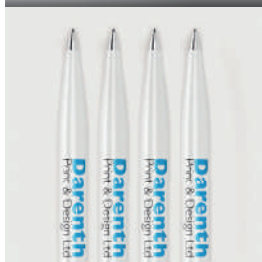
If you would like to join us you would be very welcome.

Please contact Alison on 01322
662875

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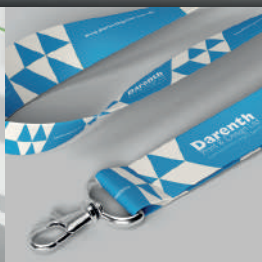
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Useful Information

[cut out and keep page]

Blocked Drains

The weather is still very changeable, and, knowing the great British summer, we may still get periods of heavy rain! Please take a few minutes every now and then to check any drains near your home, and pick up anything, such as bottles, cans, leaves or sticks, which might cause it to become blocked.

Please take care when picking up litter, and always wear suitable gloves.

Report a blocked drain to Kent County Council at: <https://www.kent.gov.uk/roads-and-travel/report-a-problem>

Report by telephone on 03000 418181 between 9am and 5pm, Monday to Friday, or on 03000 419191 at all other times.

Kent Fire and Rescue Safe and Well Scheme

If you, or someone you know, is aged 70 or over, Kent Fire and Rescue will visit and make your home as safe as possible, including fitting a long-life smoke alarm. Contact them on 0800 923 7000 during office hours, or go to their website: <https://www.kent.fire-uk.org/your-safety/home-safety/safe-and-well-visits/safe-and-well-are-you-an-older-person/>



Tel: 01322 668530

Web: www.hextableparishcouncil.com

- Allotments
- Annual fireworks display
- Bus stops
- Emptying HPC-owned bins/dog waste bins
- Grass cutting (some on behalf of KCC)
- Litter picking
- Maintaining HPC-owned buildings
- Maintaining the Avenue of Limes
- Maintaining HPC-owned open spaces
- Senior Events scheme
- Tree inspections



Tel: 01732 227000

Web: www.sevenoaks.gov.uk

- Building regulation
- Collecting council tax
- Development control (i.e. planning)
- Dog warden services
- Electoral Services
- Emptying SDC-owned bins (i.e. the bins in the streets)
- Fly tipping
- Housing the homeless
- Leisure provision
- Licensing (e.g. pubs, taxis, etc)
- Maintaining SDC-owned open spaces
- Managing local CCTV
- Occupational health
- Parking enforcement
- Refuse collection
- Street cleaning



Tel: 03000 418181

Web: www.kent.gov.uk

- Adoption and fostering
- Adult social care
- Business waste
- Country parks
- Disabled services
- Flooding and drainage
- Highways (e.g. roads/pavements/verges)
- Household waste recycling
- Libraries
- Maintaining KCC-owned open spaces
- Public footpath management
- Road safety
- Roadworks
- School and adult education provision
- School buses and school meals
- Senior bus passes
- Special educational needs services
- Street lighting and street furniture (e.g. traffic lights)
- Trading standards
- Waste collection and recycling